



Do you know the Facts about handwashing? Check your knowledge:

T or F

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| 1 | GERMS CAN BE SPREAD BY NOT WASHING YOUR HANDS. | 6 | WASH YOUR HANDS RIGHT AFTER USING THE TOILET. |
| 2 | USING SOAP IS NOT NECESSARY FOR GETTING RID OF GERMS. | 7 | WASH YOUR HANDS BEFORE EATING A MEAL. |
| 3 | THE FIRST STEP TO WASHING YOUR HANDS IS TO WET HANDS THOROUGHLY. | 8 | WHEN YOU ARE SICK WITH A COUGH OR SNEEZING, AVOID WASHING YOUR HANDS. |
| 4 | WHEN WASHING HANDS, YOU SHOULD LATHER VERY WELL AND WASH FOR 20 SECONDS. | 9 | IF THERE IS NOT A CLEAN TOWEL TO DRY YOUR HANDS WITH, YOU SHOULD AIR DRY THEM. |
| 5 | WHEN WASHING YOUR HANDS, YOU SHOULD JUST FOCUS ON SCRUBBING THE FRONT OF YOUR HANDS. | | |

True or False? ANSWERS:

1T, 2F, 3T, 4T, 5F, 6T, 7T, 8F, 9T

Talk to a health care provider you trust at
your workplace or in your community

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YOUR LOGO